



# TERRACE RESTAURANT

## BREAKFAST MENU

### Continental Breakfast 30

Assortment of Fresh Fruits, Charcuterie, Pastries, Flavored Bagels, Cereals, Cheese Selection, Smoked Salmon with Traditional Condiments, Fresh Squeezed Juice Selection, Freshly Brewed Coffee or Tea Selection

Add any Hot Food item to your Breakfast 40

### Traditional Creole Breakfast 30

Local Cocoa Tea, Stewed Saltfish, Smoked Herring, Johnny Bakes, Pickled Cucumber, Tomato, Avocado, Fried Ripe Plantain

### English Breakfast 28

Two Farm Fresh Eggs Cooked To Your Liking With Grilled Bacon, Black Pudding, Sausage, Hash Brown, Baked Beans, Mushrooms & Tomato

### Vegetarian Breakfast 25

Two Farm Fresh Eggs Cooked To Your Liking With Impossible Sausages, Hash Brown, Baked Beans, Mushroom & Tomato

### GF Omelet 16

**Mushrooms**, Green Pepper, Tomato, Onion Cheddar Cheese

**Chorizo**, Yellow Squash, Sweet Peppers, Goat Cheese

**Jalapeno**, Tomato, Scallions, Cheese

### GF The Healthy Corner 17

Egg White Omelet

**Mushrooms**, Garlic, Asparagus

**Peppers**, Carrots, Christophine

**Smoked Salmon**, Spinach, Tomato, Onion

### Side Orders 7

GF Canadian Bacon

GF Crispy Bacon

GF Sausages

GF Roasted Chorizo

GF Steamed Vegetables

GF Classic Hash Brown

### Blueberry French Toast 14

Caramelized Banana

### Vegetarian Oatmeal with Maple Syrup 9

Your Choice of: Whole or Skim Milk

### GF Gluten Free Quinoa Porridge 9

Cinnamon, Braised Strawberries

### Pancakes 14

Choice of: Chocolate Chips, Blueberry or Banana

### Belgian Waffles 14

Maple Syrup, Icing Sugar, Caramel Sauce

### GF Eggs Any Style 16

Your Choice of: Bacon, Ham or Sausage

### GF Easy Fried Eggs "Rancheros" 15

Red Beans, Mozzarella, Corn Tortilla, Spicy Tomato Sauce

### Eggs Benedict 18

Your Choice of: Traditional, Smoked Salmon or Spinach

### Poached Eggs on Creole Sauce 18

Red Beans, Green Bell Pepper, Creole Bread

### Coffee & Tea 6

### Fresh Squeezed Juice 6

Grapefruit

Pineapple

Green Forest

Tomato & Celery

Pineapple, Grapefruit & Cucumber

Carrot & Parsley

Fresh Juice only available during select Season

## SMOOTHIE BAR

13

### Apple Berry

Blueberries, Raspberries, Apple, Plain Yogurt Vanilla Scent

### Strawberry Shortcake

Fresh Strawberries, Banana, Plain Yogurt

### Razzy Blue

Banana, Almonds, Oats, Blueberries, Plain Yogurt, Grape Juice

### Melon Lime Cooler

Honeydew Melon, Honey, Lime Juice, Fresh Strawberries

### Low Carb

### Black Pearl

Oats, Fresh Blackberries, Plain Yogurt, Vanilla Whey Protein

### Choco Nana

Plain Yogurt, Walnuts, Chocolate Syrup, Plain Whey Protein

### Watermelon Summer

Fresh Strawberries, Plain Yogurt, Granola Vanilla Whey Protein

### Superchargers

### Banana Berry & Almond

Strawberry, Chocolate Whey Protein

### Honey & Nut Berry Oat

Oats, Strawberry, Vanilla Whey Protein

### Berry Booster

Blueberry, Raspberry, Pineapple & Orange Juice

Plain Whey Protein

### Mimosa 16

### Prosecco

With your choice of:

Fresh Orange Juice or Fresh Passion Fruit Juice

### Bloody Mary 16

### Stolichnaya

With your choice of:

Vodka, Lime Juice, Tomato Juice, Celery Salt

Black Pepper, Celery Stick

Vegetarian. GF Gluten Free.

Prices are subject to 10% service charge and 10% VAT; All prices are quoted in United States Dollars. While Sugar Beach Culinary team will endeavour to accommodate requests for special meals for customers who have food allergies or intolerances, we cannot guarantee that any item is completely free of any given allergen. This is due to the potential of trace allergens or cross contamination in the working environment and supplied ingredients. Please inform your server of any allergies.