



SUGAR BEACH

A VICEROY RESORT • ST. LUCIA

Rainforest Spa. Restoration and Renewal.

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SUGAR BEACH

A VICEROY RESORT • ST. LUCIA

WELCOME

SIGNATURE MASSAGES

COUPLES SIGNATURE TREATMENTS

SIGNATURE EXPERIENCES

BODY POLISHES

BODY MASKS & WRAPS

DETOX & SLIMMING

FACIALS

BEAUTY SERVICES

SPA INFORMATION & ETIQUETTE

CONTACT US

RAINFOREST SPA

Restoration and Renewal in the Shadow of the Pitons. Cradled in the embrace of St Lucia's World Heritage-listed Pitons, it is hard to imagine a location more conducive to relaxation and rejuvenation than the Rainforest Spa at Sugar Beach, A Viceroy Resort.

Widely regarded as the island's spiritual heart, the lush foliage and soaring mountain vistas of Val des Pitons provide the perfect backdrop for our stunning spa. Guests wishing to unwind can experience a period of re-creation in its truest sense - a time for reflection, renewal and a break from the everyday stresses of life.

[FIND OUT MORE](#)

RAINFOREST SPA

Sugar Beach, A Viceroy Resort Soufriere, Saint Lucia

Telephone: +1 758 456 8000 (ext. 5001/2)

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SUGAR BEACH

A VICEROY RESORT • ST. LUCIA

WELCOME

SIGNATURE MASSAGES

COUPLES SIGNATURE TREATMENTS

SIGNATURE EXPERIENCES

BODY POLISHES

BODY MASKS & WRAPS

DETOX & SLIMMING

FACIALS

BEAUTY SERVICES

SPA INFORMATION & ETIQUETTE

CONTACT US

Deep Tissue

A powerful massage designed to reduce tension and muscular pain by focusing on the deeper layers of muscle. Your therapist will use concentrated pressure to promote healthy circulation and an increased range of motion in the muscles.

50 minutes \$175 / 80 minutes \$270

Classic Swedish

European medium pressure massage featuring long strokes and kneading techniques. Escape to tranquillity with our local fresh pressed coconut oil designed to relieve stiff, tight and fatigued muscles and joints, improving circulation and lowering stress.

50 minutes \$120 / 80 minutes \$190

Hot Stone

Heated volcanic stones are used in combination with a full body massage to provide penetrating heat to the body. This treatment induces a state of profound relaxation that allows you to take a truly relaxing internal journey.

50 minutes \$160 / 80 minutes \$250

Hot Candle

The candle features naturally blended moisturizing oils specifically formulated to be used to massage the body. Feel the wonderful warm oil drizzled along your body while your therapist performs a relaxing massage.

50 minutes \$160 / 80 minutes \$250

Royal Bamboo

Enter into a sensory journey using an array of different sized bamboo sticks designed specifically to fit the body's natural contours and massage techniques to promote an immediate state of well-being and stress relief.

50 minutes \$160 / 80 minutes \$250

Anti-Stress Massage

A customized massage to help alleviate tension in our most stress-prone areas. Your therapist targets your areas of concern with a massage that instantly relieves pain and tension. Complimented with a foot pressure point massage to perfectly balance your mind and body.

60 Minutes \$160 / 80 minutes \$250

Focal Back Massage

Focusing on the back, neck and shoulder area – customizing a stress relieving, muscle easing massage.

50 Minutes \$ 140

Coconut Milk Healing Massage

A truly unique healing massage using Saint Lucian coconut milk and Vitamin E. Coconut milk is fantastic for nourishing and revitalizing skin and it is a beautiful sun-soother and helps with skin irritations or concerns. Leaving your skin nourished, hydrated and smelling incredible!

50 minutes \$150 / 80 minutes \$220

MORE NEXT PAGE

SUGAR BEACH

A VICEROY RESORT • ST. LUCIA

WELCOME

SIGNATURE MASSAGES

COUPLES SIGNATURE TREATMENTS

SIGNATURE EXPERIENCES

BODY POLISHES

BODY MASKS & WRAPS

DETOX & SLIMMING

FACIALS

BEAUTY SERVICES

SPA INFORMATION & ETIQUETTE

CONTACT US

Aromatherapy Massage

This massage technique is effective for lymphatic drainage and is an ideal massage for: fatigue, toxin removal, stress anxiety, helping with negative feelings, blood pressure issues and pain. Using a beautiful blend of relaxing lavender oil helping to relieve stress and providing a deep sense of calm and wellbeing.

50 minutes \$170 / 80 minutes \$260

Stress Reduction

This massage uses specific techniques concentrating on the areas of the back, neck and shoulders most affected by stress. We use a combination of techniques and hot stones to ensure that every day stress just melts away.

50 minutes \$130

Back Revival

This tailored massage targets specific areas of tension and soreness in back, neck and shoulder areas.

25 minutes \$75

Foot Reflexology

This treatment helps to create physical and mental balance by applying pressure to specific meridian points on the feet that are reflected to the primary organs and systems of the body. Reflexology allows blocked energy to once again flow freely, releasing accumulated tension.

50 minutes \$150



SUGAR BEACH

A VICEROY RESORT • ST. LUCIA

WELCOME

SIGNATURE MASSAGES

COUPLES SIGNATURE TREATMENTS

SIGNATURE EXPERIENCES

BODY POLISHES

BODY MASKS & WRAPS

DETOX & SLIMMING

FACIALS

BEAUTY SERVICES

SPA INFORMATION & ETIQUETTE

CONTACT US

Couples Massage

A customized relaxing massage with organic coconut oil will induce deep relaxation. Relax further and enjoy the natural sounds of the rainforest as you share a few moments together in one of our three Rainforest Double Cabanas.

50 minutes \$300 / 80 minutes \$420

Time For Two Facials

An introduction to clinical skin care with Natura Bisse products. The sensation of purity, freshness and vitality offered by our Oxygen line is immediate, much-needed and addictive; and it leaves your skin feeling healthy and revitalized. Your spa time includes a 20 minute foot and leg massage for any tired, aching feet.

70 minutes \$340

Rainforest Ultimate Couples Experience

Indulge in the ultimate couples experience to create a memory at the Rainforest Spa not to be forgotten. Your experience begins with a full body exfoliation using an organic sea salt and raw coconut scrub to leave the skin feeling soft and refreshed. Further enjoy a personalized healing massage to induce deep relaxation and relieve tension and tired achy muscles. Finally enjoy a luxurious and hydrating facial with our professional Natura Bisse line leaving your skin renewed, healthy and purified.

Includes an additional 60 minute lunch and relaxation time.

180 minutes \$700

Romantic Renaissance

Created for couples to share memorable moments together! This treatment will be performed in a double cabana where sparkling wine and lunch will be served after receiving a relaxing body body massage. Includes an additional 60-minute lunch and relaxation time.

50 minutes \$440 / 80 minutes \$500

Romantic Escape Ritual

Enjoy a moment together where time has no meaning with that special person in your life. Indulge in a Romantic Escape Ritual to relax and un-wind together with our side by side body scrub and relaxing massage. Includes an additional 20-minute relaxation time, bottle of sparkling wine and chocolate truffles.

80 minutes \$450 / 120 minutes \$500

Hot Stone Indulgence

A couple's spa package that brings you closer together and helps uplift your senses and energies. Commence your journey with an 80 minute hot stone massage to relax any built up muscle tension and promote ultimate relaxation.

To add the perfect touch; indulge in an express hydrating facial from Natura Bisse. Includes an additional 60-minute relaxation time and a bottle of sparkling wine.

120 minutes \$525

SUGAR BEACH

A VICEROY RESORT • ST. LUCIA

WELCOME

SIGNATURE MASSAGES

COUPLES SIGNATURE TREATMENTS

SIGNATURE EXPERIENCES

BODY POLISHES

BODY MASKS & WRAPS

DETOX & SLIMMING

FACIALS

BEAUTY SERVICES

SPA INFORMATION & ETIQUETTE

CONTACT US

U & Me Indulgence

A stunning couples experience in the heart of the Rainforest; retreat into pure relaxation together. Commence your couples getaway with a full body citrus souffle wrap- a soft, delicate wrap experience enriched with vitamin C and antioxidants to brighten, lift and firm. A souffle heaven! Compliment your body wrap with a beautiful full body massage using aroma oils and healing massage techniques (90 minutes). Achieve the ultimate mind and body balance with a professional Natura Bisse Vitamin C facial.

Relax and reconnect with a loved one in our one of a kind Rainforest-Spa.

Includes an additional 50 minutes of relaxation time, a light lunch and sparkling wine.

200 minutes \$ 900



SUGAR BEACH

A VICEROY RESORT • ST. LUCIA

WELCOME

SIGNATURE MASSAGES

COUPLES SIGNATURE TREATMENTS

SIGNATURE EXPERIENCES

BODY POLISHES

BODY MASKS & WRAPS

DETOX & SLIMMING

FACIALS

BEAUTY SERVICES

SPA INFORMATION & ETIQUETTE

CONTACT US

Sulphur Seduction

An unforgettable morning trip to St Lucia's very own volcanic Sulphur Springs. Your journey begins with a scenic tour of the island's ancient and active volcano. Bathe in the black waters warmed by the volcano itself. Then enjoy a hot, exhilarating Sulphur mud bath. This boosts metabolism, increases circulation and aids in the healing of eczema and psoriasis, warms aching muscles and joints allowing you to totally relax. Your therapist will smother your body in mineral rich Sulphur mud after which you will bask in the sun allowing the mud to tighten and dry to naturally exfoliate and detoxify the skin. You will be escorted to the breath-taking Toraille Waterfalls, where you can shower under a natural cascade. Light refreshments will be taken on this journey. Upon your return to the spa, you will receive a 25-minute back massage.

\$200 pp (2 persons required)

*Upgrade available

Bean to Bar Chocolate Tour

Experience a chocolate adventure with the Rainforest Spa. You will enjoy a true Tree to Bar experience starting with cocoa bean tasting, shelling and grinding, before having the chance to mix and form your own chocolate bar to take home. Return to the spa to enjoy a massage or body scrub.

Available on Wednesdays,
Thursdays, and Fridays.

\$ 200 per person (2 persons required)

Sulphur Escape

Enjoy a quintessential St. Lucian adventure with us- A trip to the Sulphur Springs Park will add the perfect compliment to your getaway. Your excursion includes a tour of the ancient volcano; a Sulphur mud bath to cleanse, exfoliate and purify and a shower under the Toraille Waterfalls in Soufriere. Come back to the spa and enjoy a relaxing couples massage (50 minutes) further engage and rejuvenate with lunch and some bubbly. A perfect combination of a little adventure and total relaxation

4 hours \$600



SUGAR BEACH

A VICEROY RESORT • ST. LUCIA

WELCOME

SIGNATURE MASSAGES

COUPLES SIGNATURE TREATMENTS

SIGNATURE EXPERIENCES

BODY POLISHES

BODY MASKS & WRAPS

DETOX & SLIMMING

FACIALS

BEAUTY SERVICES

SPA INFORMATION & ETIQUETTE

CONTACT US

Caribbean Glow

Relax with a body polish made of sea salt and raw coconut that gently revives the skin and exfoliates dead cells. Leaves your skin feeling soft and refreshed stimulates blood circulation and enhances the appearance of the skin.

50 minutes \$120

C+C Vitamin Body Polisher by Natura Bisse

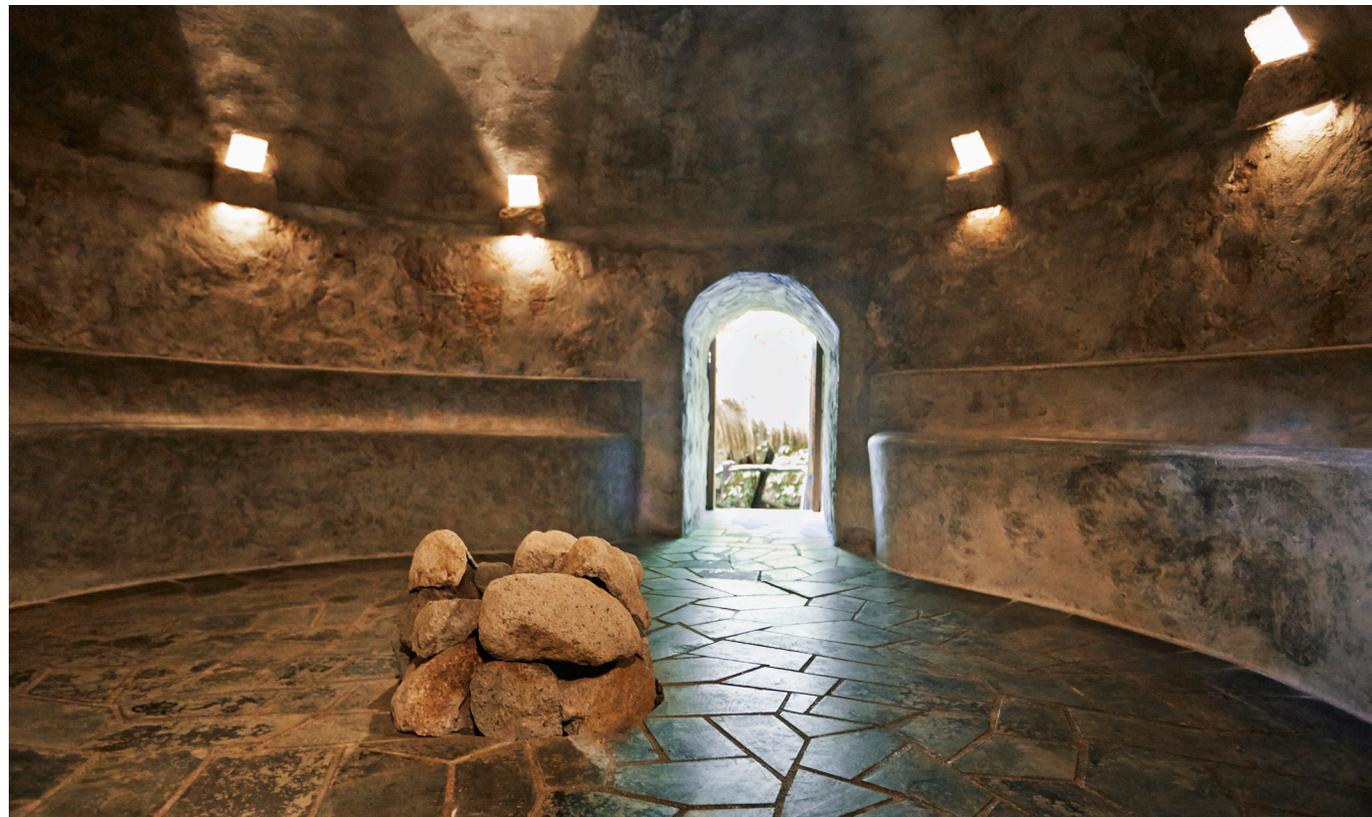
Its micro granulated texture renews the surface of your skin, brightening it instantly and unveiling an unparalleled velvety feel. It turns exfoliation into an exquisite experience of wellbeing, thanks to the aromatic citrus notes.

50 minutes \$150

Bamboo Body Polisher by Natura Bisse

This delicate body exfoliant uses bamboo micro particles especially selected to massage and exfoliate skin, purifying and removing impurities from the surface of your skin. Thanks to its extraordinary properties - anti-inflammatory, healing, soothing, protecting and hydrating - your skin will look soft, luminous and completely renewed.

50 minutes \$150



SUGAR BEACH

A VICEROY RESORT • ST. LUCIA

WELCOME

SIGNATURE MASSAGES

COUPLES SIGNATURE TREATMENTS

SIGNATURE EXPERIENCES

BODY POLISHES

BODY MASKS & WRAPS

DETOX & SLIMMING

FACIALS

BEAUTY SERVICES

SPA INFORMATION & ETIQUETTE

CONTACT US

Detox

This treatment purifies the body of toxins and reduces swelling. Using our unique blend of Sedona red clay with white algae, luminaria extract, grapefruit, lime, lemongrass and jasmine essential oils. This treatment helps to nourish, tone and promote a healthy radiant body and skin.

50 minutes \$150

Nourishing Seaweed

Enriched with organic seaweeds and fruit oils this body wrap contains vitamins, minerals and antioxidants to fight the visible signs of aging. It is a relaxing experience helping eliminate stress, while improving skin texture and elasticity. It revitalizes tones and soothes the appearance of skin leaving it soft and fresh with a healthy glow.

50 minutes \$150

Vitamin C Soufflé by Natura Bisse

Our soufflé wrap is enriched with citrus and antioxidant properties to uplift and brighten dull, dry skin! It further repairs skin damage caused by sun exposure, provides intense hydration, firming, lightening and recovers luminosity. Wrapped in a vitamin enriched creamy heaven!

60 minutes \$160



SUGAR BEACH

A VICEROY RESORT • ST. LUCIA

WELCOME

SIGNATURE MASSAGES

COUPLES SIGNATURE TREATMENTS

SIGNATURE EXPERIENCES

BODY POLISHES

BODY MASKS & WRAPS

DETOX & SLIMMING

FACIALS

BEAUTY SERVICES

SPA INFORMATION & ETIQUETTE

CONTACT US

Detox Wrap with Drainage Massage

Detox your body and mind with our mud mask and aroma combination to balance your body and mind. Our Sedona mud mask is fantastic for promoting good blood circulation, firming skin and detoxifying your system. Our drainage massage helps to improve the function of the immune system and increase the production of antibodies that fight off infections.

110 Minutes \$270

CACI Body Treatments

This targeted body treatment will firm and tone the specific area. It will also sculpt and contour to give a firmer, fuller and more defined appearance.

CACI Ultra-Body Treatment Legs and Buttocks

60 minutes \$150

CACI Ultra Body Treatment Stomach and Hips

60 minutes \$140

CACI Ultra Body Treatment Arms

30 minutes \$100

CACI Ultra Body Treatment Bust

45 minutes \$120



SUGAR BEACH

A VICEROY RESORT • ST. LUCIA

WELCOME

SIGNATURE MASSAGES

COUPLES SIGNATURE TREATMENTS

SIGNATURE EXPERIENCES

BODY POLISHES

BODY MASKS & WRAPS

DETOX & SLIMMING

FACIALS

BEAUTY SERVICES

SPA INFORMATION & ETIQUETTE

CONTACT US

By Natura Bisse

'Natura Bissé's philosophy is to surprise. Our treatments are the solution to the different needs that skin has; we use the most appropriate tools and always approach from the perspective of excellence.'

O2 Awakening

Revitalizes, decongests and purifies your skin restoring a youthful glow. The O2 facial is a collection of products formulated to infuse the skin with oxygen and increase circulation- revitalizes, purifies, hydrates.

50 minutes \$140

C+C Citrus

Recommended for anyone seeking to recapture skin luminosity and firmness through a relaxing citrus aromatherapy experience. This exquisite protocol awakens your senses, infusing skin with all of the energy in Vitamin C. Its extraordinary anti-oxidant action repairs even the most mistreated skin, unveiling a completely hydrated and revitalized complexion that showcases your radiant face- hydrates, firms, illuminates.

50 minutes \$150

Cure Detox

Effective protocol that deep-cleanses and detoxifies skin while relieving stress. This meticulous cleansing protocol is based on thermoactive detoxification: this triple-action cleanses, opens and softens the pores for extractions to deeply cleanse the skin, restoring a radiant complexion and providing deep exfoliation and oxygenation. Increases the skin's resistance to stress and helps to repair and prevent damage caused by modern day life. This treatment is a new concept that pampers your skin, providing an immediate state of wellbeing- restores, detoxifies, hydrates.

80 minutes \$225

True Blush

The ultimate answer to sensitive and reactive skin types that display conditions such as red spots, dilated capillaries or inflammation. This treatment combines ingredients that repair and decongest, thanks to ultra-softening botanical ingredients. Visibly soothes skin, providing maximum relief and comfort. Discernibly improves the appearance of congested skin and strengthens your self-defense mechanism against harmful aggressors- sensitized skins, inflammation, redness.

50 minutes \$150

MORE FACIALS NEXT PAGE
ANTI-AGING EXPERIENCES



SUGAR BEACH

A VICEROY RESORT • ST. LUCIA

WELCOME

SIGNATURE MASSAGES

COUPLES SIGNATURE TREATMENTS

SIGNATURE EXPERIENCES

BODY POLISHES

BODY MASKS & WRAPS

DETOX & SLIMMING

FACIALS

BEAUTY SERVICES

SPA INFORMATION & ETIQUETTE

CONTACT US

Anti-aging Experiences

Diamond Experience

The most technologically advanced product from Natura Bisse that has a comprehensive answer for every one of your skin's needs. A luxurious experience with regenerative, energizing action that provides a surprising and immediate lifting-effect. Powerful active ingredients rejuvenating, deep acting and innovative massage techniques firm your skin, reducing wrinkles and expression lines in a remarkable way. This exclusive treatment reinforces the skin's natural defense system, preserving long lasting hydration and improving elasticity. It restores your skin's tone and luminosity. The ultimate anti-aging facial incorporating the most exclusive therapies, the most delicate aromas and the most effective massage techniques. A luxurious jewel for your skin.

100 minutes \$325

Diamond Whitening

Natura Bisse's cosmetic response to the search for skin free from dark spots and blemishes. The effectiveness of this de-pigmentation method is based on three pillars: Renewing, de-pigmenting and illuminating-delivering remarkably even tone and skin texture. Providing cumulative results and preventing the imbalances in pigmentation that age your skin. The ultimate answer to beauty without dark spots.

60 minutes \$165

By CACI Non-Surgical Solutions

Computer Aided Cosmetology Instrument (CACI). Any treatment can be tailored to suit your individual needs. Your therapist will be happy to analyze your skin and recommend the treatment that will address your concerns.

Non-Surgical Lift

This treatment lifts, tightens, tones and re-educates the facial muscles while smoothing the appearance of fine lines and wrinkles. Skin is beautifully re-hydrated, while tone and texture is improved leaving the skin with a wonderful glow and a firmer, more supple appearance. A course of four is recommended for lasting results.

60 minutes \$160

Ultimate Anti-Aging

The Ultimate facial will leave your skin smoother, lifted, plumped and hydrated. This facial includes ultrasonic exfoliation, non-surgical face lift, use of LED light therapy and ultrasonic skin rejuvenation.

90 minutes \$195

MORE FACIALS NEXT PAGE
ANTI-AGING EXPERIENCES



SUGAR BEACH

A VICEROY RESORT • ST. LUCIA

WELCOME

SIGNATURE MASSAGES

COUPLES SIGNATURE TREATMENTS

SIGNATURE EXPERIENCES

BODY POLISHES

BODY MASKS & WRAPS

DETOX & SLIMMING

FACIALS

BEAUTY SERVICES

SPA INFORMATION & ETIQUETTE

CONTACT US

Ultimate Anti-Aging with Hydratone Mask

This treatment has all the benefits of the Anti-Aging Facial but also concludes with the Hydratone Mask. This soothing gel mask is infused with powerful hydrating properties such as collagen, hyaluronic acid, rose water, vitamin C and vitamin E-giving the face a remarkably softer, radiant and more youthful appearance.

110 minutes \$230

Ultra-Hydratone

This intensive skin hydration and firming treatment incorporates a mask infused with collagen, hyaluronic acid and vitamin E and C. The skin is cleansed and exfoliated before the mask is applied. Dehydrated and environmentally damaged skin is quenched, while deep lines and wrinkles are plumped out, leaving the skin looking radiant, softer and more youthful.

30 minutes \$110

Ultra-Deep Wrinkle Treatment

This treatment includes exfoliation and LED light therapy to target the areas of pigmentation, dehydration and scarring. The hydratone mask completes this treatment to soften, plump and rehydrate the skin.

45 minutes \$130



SUGAR BEACH

A VICEROY RESORT • ST. LUCIA

WELCOME

SIGNATURE MASSAGES

COUPLES SIGNATURE TREATMENTS

SIGNATURE EXPERIENCES

BODY POLISHES

BODY MASKS & WRAPS

DETOX & SLIMMING

FACIALS

BEAUTY SERVICES

SPA INFORMATION & ETIQUETTE

CONTACT US

Hair

Shampoo and Blow Dry

Short	\$45
Medium	\$65
Long	\$75
Shampoo and Hair Cut	\$45

Hair removal services available, please make an inquiry with reception.

Moroccan Oil Treatments

Repairing Hair Treatment & Scalp Massage

With Wash & Blow Dry	\$90
Leave-In	\$65

Moroccan Pampering

Protect hair from sun damage with our argan oil-infused Moroccanoil Intense Hydrating Mask as you relax in the spa or by the pool. This intense hydrating mask is designed to restore needed moisture to dry and damaged hair. This service will leave you feeling refreshed while you bask in the sun. (Includes 10 minutes scalp massage).

15 minutes \$30

Moroccan Sun and Beach Protection

Protect your hair from the sun with our argan oil-infused Moroccanoil Glimmer Shine Spray as you serenely lounge by the pool or visit us at the spa. This invisible veil of shine provides long-lasting protection from the sun and other environmental elements (includes 10 minutes scalp massage).

15 minutes \$30

Weddings and Special Occasions

Bridal Hair

Trial & Wedding Day	\$160
Wedding Day	\$100
Styling	\$70

Bridal Makeup

Trial & Wedding Day	\$100
Wedding Day	\$60
Special event	\$50

Nail Care*

*OPI nail products are used for our signature manicure and pedicures.

Classic Manicure 50 minutes \$55

Filing, cuticle work massage, and polish application or buff.

Shellac Manicure 80 minutes \$75

Classic Pedicure 50 minutes \$65

Soak, cut and file; cuticle work, massage and polish application or buff.

Shellac Pedicure 80 minutes \$85

Luxury Manicure 70 minutes \$70

A classic manicure with paraffin wax application and hand massage.

Luxury Pedicure 70 minutes \$80

A classic pedicure with paraffin wax application and foot massage.

SUGAR BEACH

A VICEROY RESORT • ST. LUCIA

WELCOME

SIGNATURE MESSAGES

COUPLES SIGNATURE TREATMENTS

SIGNATURE EXPERIENCES

BODY POLISHES

BODY MASKS & WRAPS

DETOX & SLIMMING

FACIALS

BEAUTY SERVICES

SPA INFORMATION & ETIQUETTE

CONTACT US

Spa Reservations

Advance bookings are recommended to secure your preferred treatment date and time.

When booking a massage therapy, please advise whether you would prefer a male or female therapist.

Prior to Arrival

We recommend that you leave all jewellery and valuables in your villa before coming to the spa.

Male guests are advised to shave prior to all facial treatments to ensure that maximum results are achieved.

Arrival

Please arrive 20 minutes prior to your treatment in order to complete your health assessment form and take time to relax in our Rainforest surroundings.

Late Arrivals

Out of respect for other guests' reservations, please be aware that we are unable to extend your treatment time in case of late arrivals.

Cancellations

As your treatment requires facilities be reserved, we request a minimum of 24 hours' notice if you are unable to keep your appointment or would like to change your reservation.

Treatments cancelled within 24 hours or less will be charged at 50%, any no shows will be charged at 100%.

Facilities

We offer an outdoor relaxation area for our guests; in addition we have a steam Temazcal that offers a light steam experience and is opened to our guests every day from 9am-6pm.

Our changing rooms are equipped with one outdoor shower per changing room and each of our tree-top cabanas have their own outdoor shower unit.

Opening Hours

The Rainforest Spa is open daily from 08:00 to 19:00, including public holidays.

Contact Information

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