

# SUGAR BEACH

A VICEROY RESORT • ST. LUCIA

## Group Breakfast

### Special A La Carte Breakfast Menu

#### THE GARDENIA

Assorted Fresh-Squeezed Fruit Juices  
Seasonal Fresh Fruit  
Assorted Fresh Croissants, Chocolatine, Baguettes  
Myers Tree Marmalade and Honey  
Homemade Baked Granola with Plain Yogurt, Berries  
Regular or Decaffeinated Fresh Brewed Coffee  
Tea, Cold Milk  
\$35.00

#### THE CARRIBEAN

Assorted Fresh-Squeezed Fruit Juices  
Seasonal Fresh Fruit  
Ranchero Style Eggs  
Homemade Baked Granola with Plain Yogurt  
Regular or Decaffeinated Fresh Brewed Coffee  
Tea, Cold Milk  
\$40.00

#### THE AMERICAN

Assorted Fresh-Squeezed Fruit Juices  
Seasonal Fresh Fruit  
Farm Fresh Eggs any style  
Home Style Potatoes with Onions and Peppers  
Oak Smoked Bacon  
Choice of: Grilled Sausages or Ham  
Assorted Fresh Croissants, Chocolatine, Baguettes  
Marmalade and Honey  
Homemade Baked Granola with Plain Yogurt  
Regular or Decaffeinated Fresh Brewed Coffee  
Tea, Cold Milk  
\$50.00

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22.06.17

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## Canapés Collection

### COLD SELECTIONS

Curried Mussels  
Duck Liver Foie Gras with Grapes  
Guacamole Tart  
Roasted Shrimp with Vegetables  
Provençal Green Olive Tapenade  
Tuna and Sea Bass Tartar with Lemon  
Stuffed Tomatoes with Goat Cheese  
Sea Bass with Aioli

### HOT SELECTIONS

Acra with Sea Bass  
Fresh Pissaladiere Flat Bread  
Gratin Scallops with Tarragon  
Shrimp Bruschetta  
Provençal Mussels  
Peppered Sirloin Bruschetta  
Onion Tart

### PETITES FOURS

Chocolate Éclair  
Coffee Éclair  
Pistachio Financiere  
Seasonal Fruit Tart  
Religieuse of Chocolate  
Lemon or Almond Tart  
Macaroon with Chantilly Cream  
Opera  
Choux  
Napoleon  
Chocolate Tart  
Fruit Paste

\$55 per person per dozen

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## Hors D' Oeuvres

### Hot Selections

Smoked Salmon Medallions on Anise Crostini  
\$8.00 each

Crispy Rice Chicken with Yellowfin Tuna  
\$7.00 each

Green Olive Crostini with Tamarind Chutney  
\$7.00 each

Shrimp Tempura  
\$8.00 each

Caribbean Mini Lobster Medallions  
\$10.00 each

Grilled Beef & Chicken Skewers  
\$8.00 each

Mini Fish Crepes  
\$8.00 each

Sugar Beach Fingerling Potatoes  
\$8.00 each

Chicken Bocadillo  
\$8.00 each

Crab in Filo Wonton  
\$8.00 each

Fish Roti  
\$7.00 each

Prices based on a minimum of 20 pieces per item. Hors D'Oeuvres may be server passed or displayed. Certain hot items are best displayed in chafing dishes.

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## Hors D' Oeuvres

### Cold Selections

Marinated Local Fish with Tapenade Sauce  
\$7.00 each

Fried Coconut Shrimp  
\$7.00 each

Smoked Duck Breast  
\$7.00 each

Curry Mussels  
\$7.00 each

Vegetable Spring Roll  
\$7.00 each

Tomato Bruschetta  
\$7.00 each

Beef Carpaccio with Basil  
\$8.00 each

Mini Lobster Medallions  
\$10.00 each

Catch of the Day Tartar  
\$7.00 each

Lime-Marinaded Marlin  
\$7.00 each

Grilled Shrimp & Baby Vegetables  
\$7.00 each

Foie Gras Canapés  
\$10.00 each

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## **Lunch**

### Appetizers

#### **Plantain Chips & Sweet Potato**

Blue Cheese Sauce, Chipotle

\$12.00

#### **Spicy Heirloom Tomato Gazpacho**

Sautéed Shrimp

\$15.00

#### **Organic Lucian Salad**

Mesclun Greens, Radicchio, Virgin Olive Oil, Aged Balsamic Vinegar

\$18.00

#### **Fried Coconut Shrimp**

Lemon, Tequila, Jalapeño, Ginger

\$22.00

#### **Yellowfin Tuna Carpaccio**

Cilantro Essence

\$21.00

#### **Homemade Oak Smoked Salmon**

Guajillo Pepper Salsa

\$21.00

#### **Caribbean Mixed Green Salad**

Shrimp, Avocado, Grapefruit, House Vinaigrette

\$27.00

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## Lunch

### Main Courses

#### **Caribbean Free Range Chicken**

Pan-Seared Chicken Breast, Mushrooms, Asparagus

\$38.00

#### **Grilled Catch of the Day**

Organic Vegetable Fricassee, Pesto Sauce

\$42.00

#### **Grilled Wild Sea Bass**

Japanese Style Bok Choy, Lemongrass, Ginger

\$49.00

#### **Traditional Braised Veal Osso Bucco**

Alfredo-Style Fettuccine

\$45.00

#### **Black Angus Beef Rib Steak**

Béarnaise Sauce, Shallots Confit, Shiraz Reduction, Homemade French Fries

\$55.00

#### **Roasted & Flambé Caribbean Lobster Tail**

Organic Vegetable Ravioli, Beurre Blanc Sauce

\$65.00

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## Lunch

### Desserts

#### **Grandmother's Lemon Cheesecake**

Fresh Fruits

\$15.00

#### **Strawberry Fruit Soup**

Shiraz Reduction, Coconut Sorbet

\$15.00

#### **Variety of Homemade Sorbet**

\$15.00

#### **Assorted Seasonal Fruit Tart**

Raspberry, Strawberry, Lemon Tart

\$15.00

#### **Traditional Passion Fruit Crème Brûlée**

Sable Breton

\$15.00

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## Dinner

### Appetizers

#### **Fried & Glazed Octopus & Baby Potato Salad**

Chives, Organic Lemon Olive Oil

\$21.00

#### **Traditional Langoustine Bisque Soup**

Asparagus Ravioli, Truffle Foam

\$22.00

#### **Seafood Chowder**

Baby Scallops, Shrimp, Squid, Clams, Mahi Mahi, Aioli, Saffron

\$24.00

#### **Sautéed & Flambé Shrimp**

Arugula, Garlic Chips, Nut Oil Vinaigrette, Scented Rosemary

\$30.00

#### **Scampi Ravioli**

Green Cabbage Confit, Foie Gras Emulsion, Truffle Julienne

\$26.00

#### **Heirloom Tomato & Baby Green Salad**

Sautéed Asparagus, Shitake, Duck Confit, Truffle Vinaigrette

\$28.00

#### **Yellowfin Tuna Carpaccio**

Baby Mixed Greens, Shaved Parmigiano-Reggiano, Virgin Olive Oil

\$27.00

#### **Pan-Seared Foie Gras Scallop Taquito**

Chutney Tart, Baby Lettuce Salad, Raspberry Vinaigrette

\$39.00

#### **Poached Caribbean Lobster**

Baby Green Salad, Young Vegetables Confit, Don Carlos Truffle Dressing

\$39.00

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## Dinner

### Main Courses - Seafood

#### **Pan-Seared Sea Scallops Risotto Acquerello**

Shaved Parmigiano-Reggiano, Grilled Ventrèche Truffle Oil

\$50.00

#### **Roasted Wild Sea Bass**

Stuffed Cannelloni, Portobello, Scented Foie Gras, Truffle Emulsion

\$52.00

#### **Traditional Fish Soup "Bouillabaisse"**

Red Mullet Sea Bass, Crayfish, Sea Scallops, Aioli Sauce

\$46.00

#### **Rock Lobster Lasagna**

Poached Clams, Duxelles Mushroom, Zucchini, Cardinal Sauce

\$54.00

#### **Pan-Seared Red Snapper**

Braised Baby Leeks, Ravioli Nicoise, Lemon Sabayon

\$49.00

#### **Oven Roasted Codfish**

Coco Blanc Fricassee, Mussel Foam, Calamari Ink Tuile

\$39.00

#### **Caribbean Red Lobster Ravioli**

Tomato Confit, Lemongrass & Mussel Emulsion

\$54.00

#### **Rock Lobster Gratin**

Fingerling Potatoes, Mousseline Sauce

\$55.00

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## Main Courses - Beef & Poultry

### **Organic Roasted Free Range Chicken**

Green & White Bean Minestrone, Thyme Jus Reduction

\$38.00

### **Braised Veal Osso Bucco**

Milanese Style Fettuccini, Shaved Parmigiano-Reggiano, Basil, Tomato Jus

\$45.00

### **Roasted Black Angus Filet Mignon**

Sautéed Baby Spinach, Napoleon Potatoes, Truffle, Oporto Sauce

\$55.00

### **Roasted Duck Breast**

Spring Vegetable Fricassee, Scented Truffle, Port Jus Reduction

\$52.00

### **Crusted Kurobuta Pork Belly**

Napoleon Potato-Truffle Millefeuille, Onion Purée, Raspberry Gastrique

\$50.00

### **Roasted New Zealand Rack of Lamb**

Garlic, Rosemary, Crusted Eggplant & Nicoise Ravioli, Thyme Jus

\$58.00

### **Sautéed Colorado Veal & Filet Mignon**

Fingerling Mashed Potato, Scented Truffle, Green Vegetables, Tarragon Jus

\$60.00

### **Surf & Turf**

Roasted Lobster Tail, Filet Mignon, Spring Vegetables, Lobster-Port Sauce

\$75.00

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## Desserts

### **Raspberry Cheesecake**

Grapefruit Sorbet, Lemon & Mango Coulis

\$16.00

### **Tres Chocolate Mousse**

Mint Ice Cream, Amaretto Almond Crumble

\$18.00

### **The Famous “Fraisier” Strawberry Cake**

Perfumed Grand Marnier, Red Fruit Coulis

\$18.00

### **Assorted Berry Tart**

Vanilla Ice Cream, Passion Fruit Coulis, Sable Breton

\$16.00

### **Warm Valrhona Fondant**

Chocolate & Pistachio Ice Cream

\$18.00

### **Traditional Tiramisu**

Vanilla Cappuccino, Chocolate Sauce

\$16.00

### **Aged Cheese Selection**

Reblochon, Brie, Saint Nectaire, Sainte-Maure, Comté, Camembert

\$22.00

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## Salads

Guacamole  
Couscous Tabbouleh  
Coleslaw Salad  
Organic Mixed Greens  
Grilled Seasonal Vegetables  
Creole Salad

## Cold Selections

Tuna Tostada  
Tomato Bruschetta  
Assorted Ceviche

## Hot Selections

Fish Acra  
Shrimp Spring Rolls  
Conch Fritters

## From the Grill

Angus Flank Steak Skewers  
Pork Spare Ribs  
Jerk Chicken Leg Confit  
Rack of Lamb

## Garnish

Fingerling Potatoes  
Steamed Vegetable Fricassée  
Christophine Gratin  
White Bean Minestrone  
Fried Ripe Plantain

\$125.00 Per Person (Minimum 20 Persons)

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**Create your Additional Buffet with International Corner Stations**

## **The Mexican Corner**

### **Cold Station**

Acapulco Ceviche, Aguachile, Peruvian Ceviche, Totopos  
Octopus Tostadas, Chicken Tostadas, Duck Tostadas

### **Hot Station**

Chicken Quesadilla, Beef Fajitas, Pork Carnitas Tacos

### **Dressing**

Guacamole, Chipotle Tomato Sauce, Pico de Gallo, Flour & Corn Tortilla

\$65.00 Per Person

## **The Italian Corner**

### **Cold Station**

Heirloom Tomato Salad, Mozzarella Bufalo

### **Pasta Station**

Penne, Spaghetti, Fettuccini, Parmigiano Gnocchi, Langoustine Ravioli  
Alfredo, Bolognese, Lasagna "Di Mamma", Pesto  
Osso Bucco Piémontaise

### **Create your own Pizza**

Bruschetta Di Parma, Fresh Mozzarella, Basil, Prosciutto, Fresh Arugula  
Smoked Salmon, Tomato Sauce, Parmesan, Goat Cheese

\$65.00 Per Person

## **The French Corner**

### **Dutch Truffle**

Foie Gras, Smoked Salmon, Homemade Blinis Sour Cream

### **Seafood Platter**

Oysters, Clams, Crab, Shrimp, Prawns, Mussels  
Homemade Mayonnaise, Lime Wedges, Cocktail Sauce, Tartar Sauce

### **Roasted Cowboy Cut "Côte de Boeuf" & Veal Chop**

Dauphinois Gratin, French Beans, Vegetable Fricassée

Béarnaise Sauce, Marchand De Vin Sauce

\$95.00 Per Person

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## **A la Minute Sushi Station**

### **Sashimi Station**

Yellowfin Tuna, Blue Marlin, Kingfish, Salmon, Squid, Mahi Mah, Shrimp  
Chinese Fried Rice

### **Fried & Tempura Station**

Shrimp Tempura, Deep-Fried Vegetable Tempura, Kanikama Tempura  
\$55.00 Per Person

## **The Spanish**

### **Royal Seafood Paella Station**

Shrimp, Chicken, Squid, Mussels, Octopus, Rice, Vegetable, Chorizo  
\$28.00 Per Person

## **The Caribbean Corner**

Grilled Catch of the Day, Souski Sauce  
Seafood with Lucian Sauce

### **Roti Station**

Beef, Chicken, Shrimp, Vegetables  
Grilled Caribbean Lobster  
Deep-Fried Lucian Bake & Saltfish  
\$60.00 Per Person

## **The Sweet Corner Bites**

Mini Desserts Bites & Petit Fours  
Mini Lemon Tart, Mini Cheesecakes, Macarons, Mini Chocolate Brownies  
\$20.00 Per Person (12 pieces each)

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## **Caribbean Beach Barbecue"**

Welcome Ti Punch

### **Hot Selections**

Fried Coconut Shrimp

Acra, Tomato Spicy Sauce

Grilled Shrimp Kebab

Duck Taco, Cabbage Chives, Soy Sauce

### **From the Grill**

Slow Roasted Stuffed Suckling Pig

Local Seafood with Lucian Sauce

Marinated Grilled Flank Steak

Grilled Black Angus Rib Eye Steak

Kurobuta Pork Loin Marinade

Chicken, Beef and Shrimp Roti

Vegetable Provencal, Grilled Pesto Dressing

Seasonal Organic Green Vegetables

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## Garnish

Creole Rice

Baby Onions

Baked Potatoes

Nicose Ratatouille Provencal

Ceviche Station "Any Style"

Shrimp-Vegetable Salad

Rice Salad

## Cold Selections

Tomatoes, Crab, Avocado, Mushrooms & Marinated Ginger

Avocado & Crab Verrine

Lobster Salad, Wasabi Sauce

Tostadita Cured Marlin

## Desserts

Fruit Tart

Three Chocolate Cake

Far Breton

Prune Cake with Rum

Assorted Fruit Tart

Dark Forest

Ice Cream Cake

Crepe Station

\$125.00 Per Person

Requires a Minimum of 20 Guests

Less than 30 Guests Will Be Served Family Style

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