

# Bayside Lunch

Our Chefs partner with local farms and food producers in a commitment to showcase locally grown, sustainable ingredients in all our cuisine. We hope you enjoy the taste of St. Lucia!

All our restaurants are known for their market-driven cuisine, full of bold flavours. Our suppliers work in an ethical and sustainable manner which allows for a natural, organic and free-range food menu focus.

## Starters

Ⓜ	<b>Tea Smoked Duck Breast</b> , Celery, Apple, Cider Vinegar	23
	<b>Dynamite Squid</b> , Scallions & Mango Aioli	20
Ⓜ	Ⓜ <b>Tomato Confit</b> , Zucchini, Fried Tofu, Scallions, Black Olives, Balsamic & Basil Oil	17
	<b>Local Conch Fritters</b> , Scallions, Turmeric, Tartar Sauce	18
Ⓜ	<b>Tuna Poke</b> , Cucumber, Pickled Mooli, Avocado, Ginger, Sesame, Sweet Chili-Lime Dressing	17
	<b>Sugar Cane Shrimp Skewers</b> , Sweet & Spicy Sauce	20
	Ⓜ <b>Crispy Vegetable Spring Rolls</b> , Honey-Soy Sauce	15

## Soups

	Ⓜ <b>Gazpacho Andaluz</b> , Garlic & Thyme Croutons	16
Ⓜ	<b>Fish Broth</b> , Local Fish, Cocoa, Spice, Coconut Milk, Tomato	20

## Salads

		Starters	Entrées
Ⓜ	Ⓜ <b>Green, Mixed or Tomato &amp; Pickled Red Onion</b> Choice of Dressing; House, Balsamic & Olive Oil, Ranch or Chili-Lime	12	18
Ⓜ	Ⓜ <b>Raw Salad &amp; Toasted Seeds</b> , Market Vegetables, Pumpkin Oil & Passion Fruit Dressing	13	19
Ⓜ	<b>Niçoise Salad</b> , Seared Tuna, Artichoke, Potato, French Beans, Shallots, Anchovies	20	35
	<b>Caribbean Chicken</b> , Shredded Jerk Chicken, Avocado, Pineapple, Breadfruit, Lime Dressing	17	33

AI/LDM (1 Appetizer, Soup or Salad, 1 Main Course, Pizza or Sandwich & 1 Dessert per person or Daily Market Menu)

 Vegetarian

Ⓜ Gluten Free    Ⓜ Vegan

\* Indicates a Supplement Charge for the AI/LDM meal plan

Prices are subject to 10% service charge and 10% VAT.

All prices are quoted in United States Dollars. We kindly request abstaining from smoking.

# Burgers, Wraps & Sandwiches

	<b>Petit Piton Burger</b> , Sesame Bun, Fried Egg, Onion Rings, Pickled Cucumber, Banana Ketchup	25
	<b>Breaded Fish Finger Burger</b> , Red Cabbage Slaw, Cos Lettuce, Tomato, Tartar Sauce	22
Ⓥ	<b>St. Lucian Impossible Burger</b> , Cos Lettuce, Tomato, Red Pepper Ketchup	23
	<b>Piton Stack</b> , White Bread, 6 Hour Cooked Brisket, Gherkins, Pepper, Cheese, Lettuce, Mayonnaise	20
✓	<b>Vegetable Roti</b> , Curried Spiced Roasted Vegetables, Mango Jam	17
All Burgers, Wraps & Sandwiches served with Sweet Potato Crisps and can be made on Gluten Free on request		

# Entrées

Ⓞ	<b>Grilled Snapper Fillet</b> , Red Beans, Creole Sauce	35
Ⓞ	Ⓥ <b>Curried Cauliflower</b> , Coconut Milk, Pickled Lime, Poppadom, Rice & Cucumber Ketchup	32
	<b>Spaghetti or Penne Pasta</b>	26
	Choice of Sauce: Bolognaise, Homemade Tomato Sauce, Italian Pesto, Garlic-Aglio-Olio Sauce	
Ⓞ	<b>Spit Roasted Chicken</b> , Spinach, Roasted ,Plantain, Souski	32
	* <b>Grilled Local Lobster</b> , Chili, Lime, Market Vegetable Salad	55
	<i>AI/LDM Supplement Charge 15</i>	
Ⓞ	<b>Beef Pepperpot</b> , Okra, Zucchini	34

# Pizza

Margherita	22	Lobster	40
<b>Crispy Sourdough base with Tomato Sauce, Extra Virgin Olive Oil and choice of Toppings</b>			25

Fresh Mozzarella, Goat Cheese, Cashew Vegan Cheese, Parmesan, Prosciutto, Chorizo Pancetta, Impossible Meat, Tuna, Anchovies, Shrimp, Red Onion, Chickpeas, Mushrooms Sweet Corn, Crushed Chili, Red Onion, Bell Pepper, Pesto, Fresh Arugula Spinach, Basil

All Pizzas served on Gluten Free Base upon request

# Sides

French Fries	7	Truffle Parmesan Fries	10	Eggplant Fritters	8
Grilled Zucchini	8	Steamed Rice	8	Grilled Corn on Cob	10

All items subject to market availability

While Sugar Beach Culinary team will endeavour to accommodate requests for special meals for customers who have food allergies or intolerances, we cannot guarantee that any item is completely free of any given allergen. This is due to the potential of trace allergens or cross contamination in the working environment and supplied ingredients. Please inform your server of any allergies.