

SUGAR BEACH

A VICEROY RESORT • ST. LUCIA

ADVENTURES AND TOURS IN AND AROUND ST. LUCIA



EXPLORE

+

DISCOVER

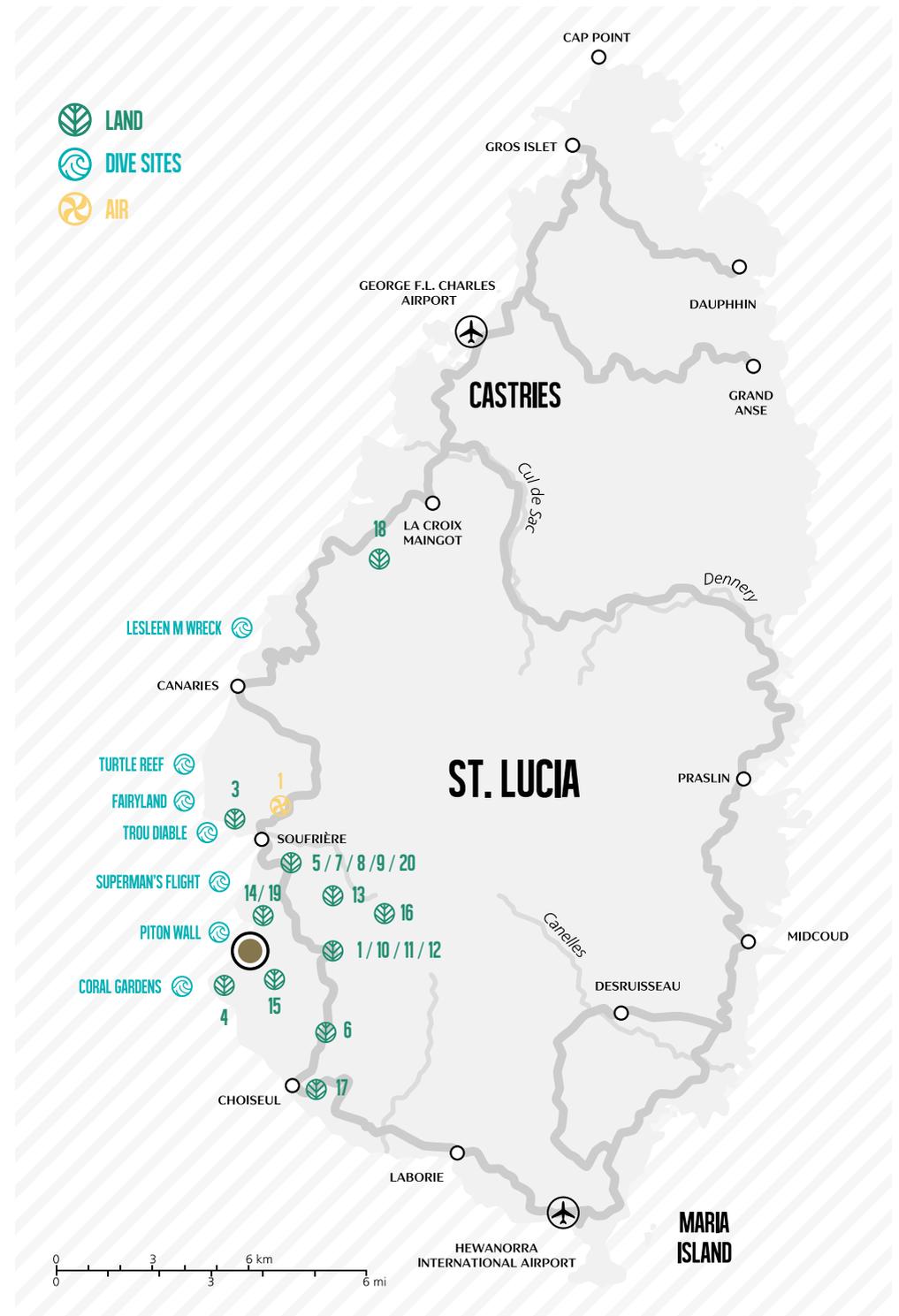




CREATED FOR GLOBAL NOMADS

The shimmering jewel of Sugar Beach, A Viceroy Resort, is your gateway to St. Lucia. A wide variety of exciting Land, Sea and Air activities are available, allowing travelers to explore and discover the many natural wonders of the island - with or without the thrilling kick of adventure.

Terms and Conditions:
 *extra fees apply for tours not reaching the minimum guest count
 *a 50% cancellation fee is applicable to all tours canceled less than 24h before scheduled time





LAND

01. Rustic Plantation Tour

Enjoy an exhilarating tour of 18th century Morne Coubaril Estate and step back in time as you learn about the island's first settlers. This half-day tour includes visits to the Amerindian village, west coast Choiseul, and the working Balenbouche plantation, sugar mill and house.

Daily (except Sundays)

One hour
Minimum 4 guests - \$70 pp

Wear: Comfortable clothing, walking shoes

Bring: Camera, sunscreen



03. Saturday Market Tour

Spend an exciting day with the locals at Soufriere Market and shop around for local produce, island treats and unique pieces from Zaka Crafts. The morning starts with an express boat ride to the market, while the return ride includes a quick detour to the Soufriere bat cave.

Saturdays from 7:30am to 9:00am

Minimum 4 guests - \$50 pp

Wear: Comfortable clothing, walking shoes

Bring: Camera, sunscreen

02. Island Shopping Adventure

Take a tropical drive to Castries and visit some intriguing places such as La Plas Kassav for fresh Cassava bread, Sty. Lucia Distillers for a rum tour, a duty-free shopping mall, Eudovic Art Studio for creative handcrafted pieces and finishing with lunch at a local restaurant of your choice.

Wednesday and Friday

9:00am to 3:00pm
Minimum 4 guests - \$140 pp

Wear: Comfortable clothing, walking shoes

Bring: Travel ticket for duty-free shopping



04. Gros Piton Hike By Land

Trek through the UNESCO World Heritage-listed, volcanic Gros Piton standing 2,619 feet above sea level. Explore the verdant rainforest as you clamber over moss-covered boulders and are treated to the breathtaking view from the summit, and picturesque stops at Au Poye Park and the valley of Fond Gens Libre.

Difficulty: High. Guests with pre-existing health conditions, pregnancy, injury or disabilities are advised not to participate

Wear: Comfortable walking shoes, breathable athletic-wear

Bring: Camera, sunscreen, insect repellent, water, snack (banana /cereal bars), a few dollars for purchases

Daily 9:00am to 1:00pm - \$100 pp

05. Explore Soufriere

Explore the tropical essence of Soufriere with a trip to our botanical gardens, drive-in volcano, revitalizing mud bath at the sulphur springs, refreshing dip at the Toraille Waterfall.

Daily from 9:00am to 1:00pm
Minimum 4 guests - \$80 pp

Wear: Comfortable clothing + shoes

Bring: Camera, sunscreen, swimsuit / dark swimsuit for mud baths

Leave: Jewelry (particularly silver) due to discoloration in the mud baths.

06. ATV Biking

Take an adrenaline-charged ride on Yamaha Grizzly ATVs as our guide leads you on a network of trails through rivers, waterfalls, historic plantations, farms, valleys, over the Devil’s Bridge and other off-the-beaten paths only accessible with an ATV.

Daily from 9:00am to 1:00 pm
Minimum 4 guests - \$160 pp

Wear: Comfortable clothing + shoes

Bring: Camera, sunscreen, insect repellent, swimsuit, cash for purchases

SOUFRIERE



ISLAND BUGGIES ADVENTURE

07. Island Buggies Adventure:

Southern Sights

Discover the natural beauty of the island’s west coast and enjoy a unique perspective of Soufriere as you take in St. Vincent, rural communities, photo stops, the drive-in volcano, Mount Gimie and the gorgeous twin peaks of the Pitons.

Daily (except Sundays)
from 8:00am to 10:00am
Minimum 2 guests - \$185 pp

08. Island Buggies Adventure:

Soufriere Safari

Immerse yourself in the diverse culture of Soufriere with a trip through the historic Choiseul village and Soufriere Basin. The safari also includes the Tet Paul Nature Trail, Petit Piton viewing trails, lunch at The Beacon restaurant, mineral-rich mud baths, Toraille Waterfalls for a swim and of course, southern views of Gros Piton.

Daily (except Sundays)
from 11:30am to 3:30pm **Minimum 2 guests - \$220 pp**

09. Island Buggies Adventure:

Drive & Fly

See the entire south coast of the island as you travel through Vieux Fort, past Micoud and to the Treetop Adventure Park – home to the 12 longest and fastest zipline on St. Lucia. After a wild ride through the treetops, lunch and a quick drink, it’s back down through Vieux Fort to Soufriere along the west coast highway.

Daily from 9:00am to 3:00pm
 Minimum 2 guests - \$240 pp

Island Buggies Adventure Includes:

Two or four-seater open-air buggy, one local driving permit, beverages, entrance fees/lunch as applicable

Bring: Sunscreen, sunglasses, cash for tips/purchases

Conditions: Driver must be at least 23 years old and have experience with manual transmission, passengers must be 6 years old and above

**ISLAND BUGGIES
 ADVENTURE**



**HORSEBACK
RIDING**

10. Horseback Riding:

Estate Ride

Tour the Coubaril Estate, through orchards of mangos, soursop and papayas as you enjoy Piton, volcano and Carib village views. Riders will also witness coconut, cocoa and sugar production processes.

One Hour - \$100 pp

11. Horseback Riding:

Volcano Ride

Starting off with a ride through the Estate, this experience includes a trip to the volcano where you can choose between a sulphur spring mud bath or guided tour of the stunning volcano.

Two Hours - \$140pp

12. Horseback Riding:

Adrenaline Ride

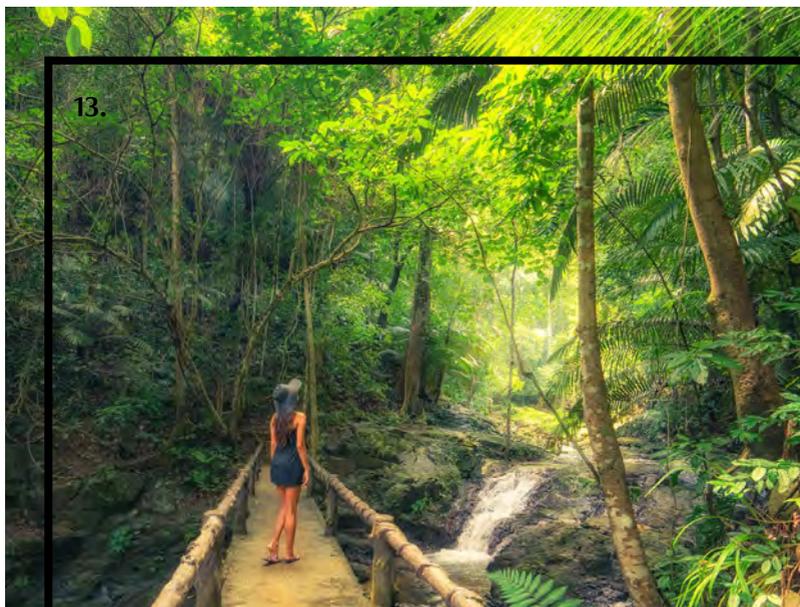
Combine action and adventure with the Adrenaline Ride that includes the Estate Ride as well as an hour-long zipline tour.

Two Hours - \$160 pp

Ride Includes: All entrance fees

Wear: Comfortable clothing + shoes

Bring: Swimsuit (for the Volcano Ride)



RAINFOREST HIKE + BIRDPWATCHING

Marvel at some of the most colourful tropical birds with a hike along the En Bas Saut trail, set within 19,000 acres of rainforest. Stretching for five miles, the trail is remote, unbelievably scenic and meanders through the rainforest, cloud forest and elfin woodlands.

Daily from 8:00am to 11:30am
Minimum 4 guests - \$140 pp

Difficulty: Low

Wear: Casual clothing, comfortable shoes /sneakers

Bring: Camera, binoculars, insect repellent

14. Superman Waterfalls

This educational hike through the lower mountain forest and fruit trees will lead guests to a veritable hidden treasure – the 70-foot Superman waterfall. Enjoy a refreshing dip, mud bath and fresh local juice as well as seasonal fruits.

Daily from 9:00am to 12:00pm
Minimum 4 guests - \$80 pp

Difficulty: Moderate

Wear: Comfortable clothing, walking shoes

Bring: Camera, swimsuit, towels, sunscreen

15. Tet Paul Nature Hike

Allow our guide to take you through a spectacular trail through the verdant farming community of Chateau Belair as you enjoy views of Val des Pitons, the Pitons as well as Martinique and St. Vincent on clear days. Along the way, our guide will explain the Amerindian art of farine, cassava as well as highlight the wide variety of exotic fruit trees and medicinal plants along the trail.

Daily, from 9:00am to 3:00pm
Minimum 4 guests - \$70 pp

Difficulty: Moderate

Wear: Comfortable clothing, walking shoes

Bring: Camera, swimsuit, towels, sunscreen

EXPLORE ST. LUCIA



16. CHOCOLATE 101

The Tree to Bean Tour:

Enjoy a hands-on encounter as you take part in the grafting process at the cacao tree seedling nursery, before taking a walk through the cocoa grove, Cotes of Marcial, then exploring the fermentation and drying station - finishing with the perfect cocoa bean.

The Bean to Bar Tour:

From de-shelling to grinding, recipe formulating, mixing and pouring your very own chocolate bar, this tour explores the chocolate making process from the freshly dried bean to a delicious slab of chocolate.

The Tree to Bar Tour:

Deep dive into the world of chocolate making with this holistic experience that starts with in the seedling nursery and ends with you creating and molding your very own chocolate bar.

17. The Magnificent Four Hiking Trails

Embark on a multi-faceted tour at Bon Nouvel, an eco and agri-tourism heritage site on the historic Esperance estate. Discover a myriad of St Lucian experiences, from copra production to garden tours, nature walks, indigenous fauna spotting and more. Each of the trails also have mesmerising views of the Gros Piton from different angles.

Difficulty: Moderate to strenuous

HIKING



TRAILS

18. Rhythm & Rum

Learn the colourful story behind the island's last remaining distillery, St. Lucia Distillers - home to Bounty and Chairman's Reserve rums. This popular tour also includes the history of sugar, of rum, Caribbean music, a glimpse at a typical rum shop and the opportunity to sample the distillery's different rums and liqueurs.

90 Minutes

19. Jungle Biking

Bike through 12 miles of private trails as you venture into the tropical jungle located on the grounds of one of St. Lucia's first colonial plantations. Adventure-seekers will be delighted by the sheer variety of sights, sounds and experiences on offer, from 18th century mill ruins to a church, reservoir, vibrant flora, brightly-coloured birds and even an old-fashioned river swimming hole to cool off in.

Difficulty: Suitable for beginners



20.

CREATE YOUR OWN TOUR

Have fun in creating your very own excursion by handpicking up to three destinations to experience within four hours: Rustic plantation Tour, Diamond Botanical Gardens, Volcano, Tet Paul Nature Trail and Toraille Waterfall.



SEA



01. Whale & Dolphin Watching

Join us for a natural experience just a few miles off Soufriere, a popular spot for whale and dolphin watching. These waters are known for their resident and visiting cetaceans, from pods of spinning and spotted dolphins to pilot, sperm and orca whales, and while the success rate of sightings is not guaranteed, it is high.

Monday, Wednesday & Friday 9:00am to 11:30am

Minimum 4 guests - \$80 pp

Wear: Casual/tropical clothing

Bring: Camera, insect repellent, motion sickness medication if required

02. Gros Piton Hike by Sea

Take a 15-minute boat ride to the sea-level base of Gros Piton, before setting out on the strenuous hike. Be enchanted by breath-taking views of Petit Piton, St. Vincent and the south of the island from the 2,619-foot high summit of Gros Piton, before taking a dip in the cool Caribbean Sea.

Daily at 9:00am to 1:30pm

Minimum 4 guests - \$150

Difficulty: High. Guests with pre-existing health conditions, pregnancy, injury or disabilities are advised not to participate

Wear: Comfortable walking shoes, breathable athletic-wear

Bring: Camera, sunscreen, insect repellent, water, snacks)

03. Deep Sea Fishing

Try your hand at sports fishing with our skilled and friendly crew on well-equipped boats. Some of the most commonly hooked fish include Blue Marlin, Sailfish, tuna, Wahoo, Kingfish and Dorado. Once back at Sugar Beach, our chef will be delighted to create a menu centered on your catch of the day - additional fees apply. We also offer private deep sea fishing tours (prices available on request).

Daily (except Sundays) from 8:00am to 12:00pm

Minimum 4 guests - \$150

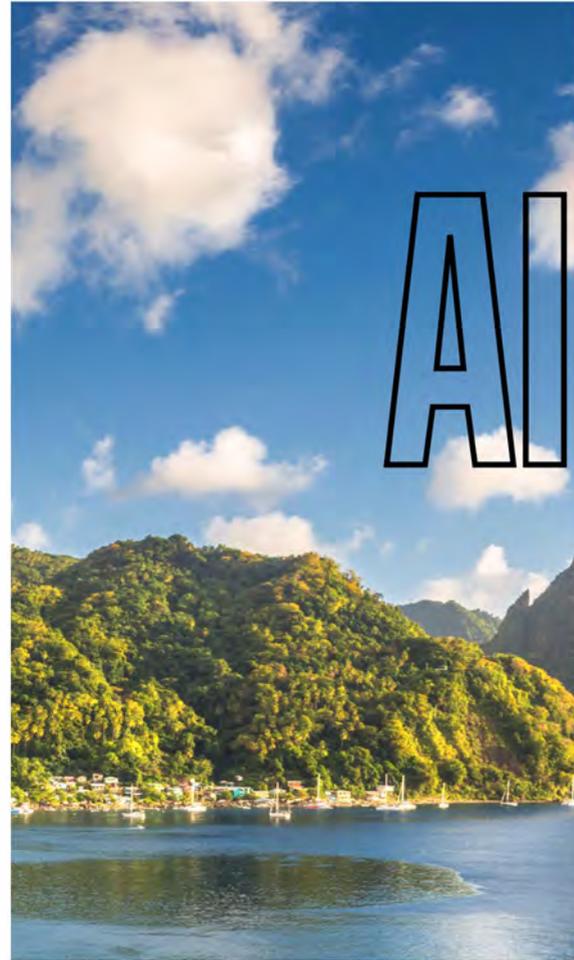
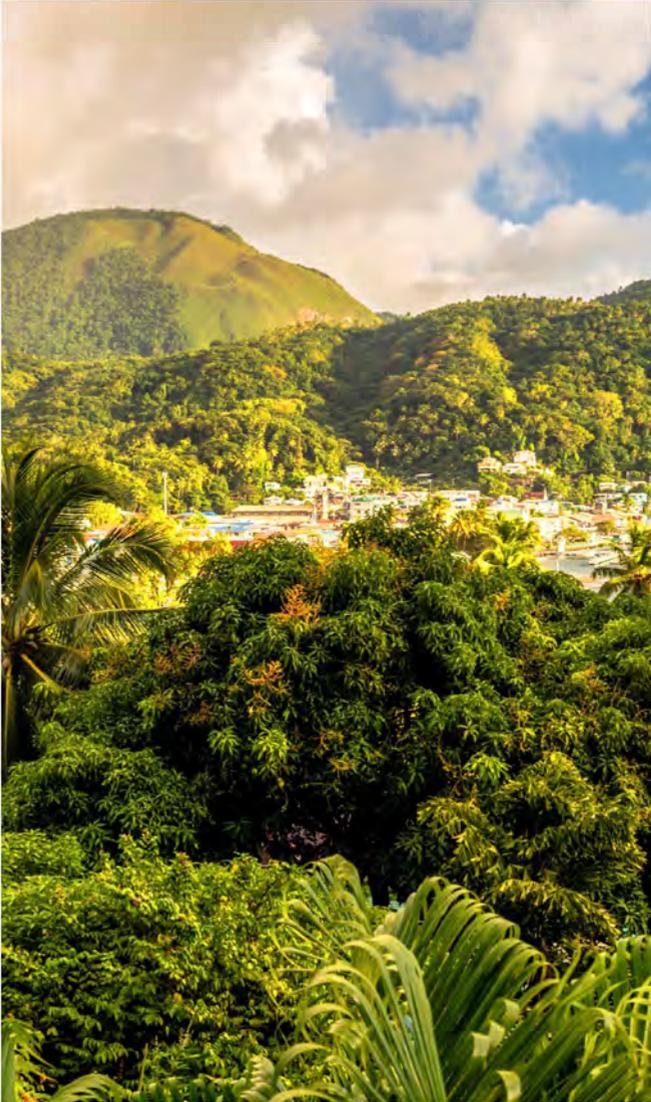
Wear: Casual/tropical clothing

Bring: Camera (waterproof if possible), sunglasses, towels

04. SCUBA DIVING



Sugar Beach has one of the top diving sites in the entire world, appointed by turquoise seas, mesmerizing bays and a myriad of sea creatures. Suit up and discover this underwater paradise for yourself!



01.



CANOPY ZIPLINE ADVENTURE

Exhilarating and spectacular, whizz through the treetops in the shadow of Petit Piton and marvel at views of historic Soufriere and the sea. Eight ziplines will take you through giant banyans, coconut, plum, mango trees and a bamboo-shaded gorge, while our experienced guides will keep you informed on the eco-system and what special views to look out for.

Daily from 10:00am to 12:00pm
Minimum 2 guests - \$120 pp

Wear: Comfortable clothing, walking shoes

Bring: Camera, sunscreen

MORE TO EXPLORE



Frame Your Sugar Moments
Whether you're celebrating a special occasion or simply enjoying a family getaway, take advantage of our picturesque environment and hire a professional photographer to capture the moment. Simply choose your location, from your private villa to our white sand beaches, rainforest walk, sugar mill and more.

Daily
20 photos - \$400
30 photos - \$480
50 photos - \$600

Bespoke Adventures & Tours

From supervised experiences for teens and kids to family programs or even tailor-made packages that completely cater to your individual passions and pleasures, our activity co-ordinators will be delighted to create an itinerary just for you.

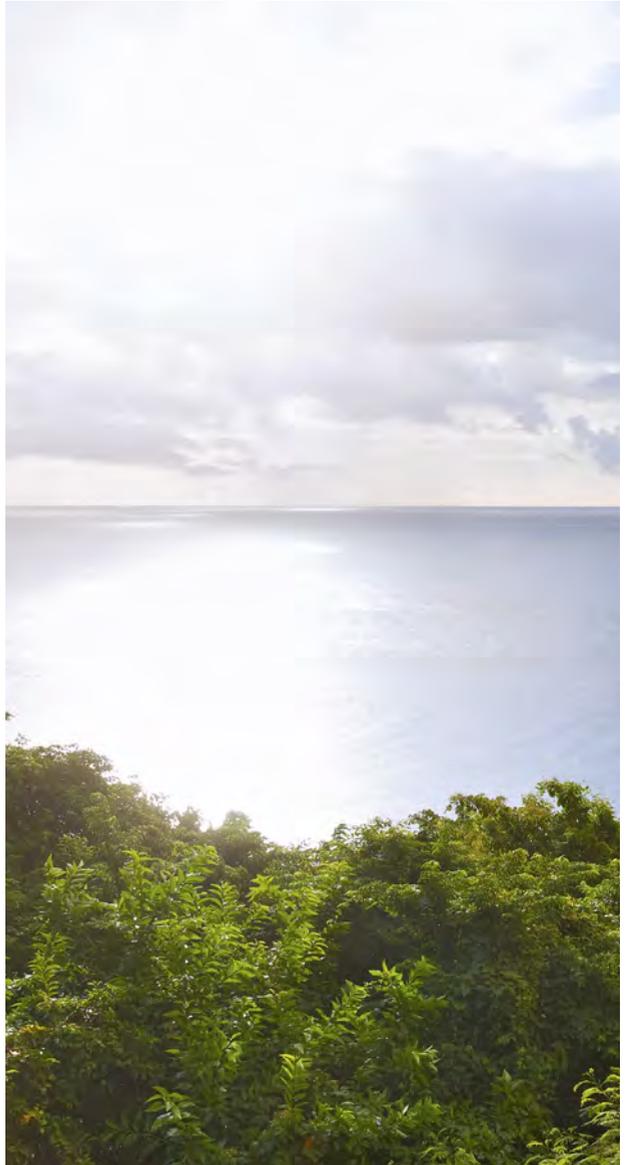
St. Lucia Photo Safari

If you're looking to learn more about what your digital camera can do, beyond Auto Mode, this safari is a must-do. Our photographer guide will lead you on a journey through the beating heart of Soufriere while providing camera tips along the way.

Wednesdays from 10:00am to 3:00pm
Minimum 2 guests - \$295 pp



For reservations please call +1758 456 3006, or
email: sb.concierge@viceroypalmsandresorts.com,
or visit
www.viceroypalmsandresorts.com/sugarbeach



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